

# FREQUENTLY ASKED QUESTIONS

## WHAT IS THE REAL STAKES PROGRAM?

The Real Stakes has been developed for the football community, by the football community. Through information sessions, webinars and practical resources, The Real Stakes aims to address online sports gambling-related harm in our communities. The program offers practical resources and support to identify and address harm related to online sports gambling and support those affected. The Real Stakes is supported by lived experience experts through community engagement and research to provide practical education and support.

## WHO IS THE PROGRAM FOR?

The program is for everyone involved in community footy – players, coaches, volunteers and supporters – across the Victorian Amateur Football Association, Adelaide Footy League and Perth Football League.

## WHY SHOULD I ATTEND AN INFO SESSION OR WEBINAR?

Online sports gambling-related harm can affect anyone, whether directly or indirectly. By attending a session, you'll learn how to:

- Spot early signs of online sports gambling-related harm
- Understand how the gambling industry influences behaviour
- Take proactive steps to support your friends or yourself and keep your club a safe, inclusive space

## HOW CAN I GET INVOLVED?

Join us for an information session or webinar in your area. Sessions will feature experts with lived experience stories, practical guidance and tools to help you and your club identify online sports gambling-related harm effectively. Visit [therealstakes.com.au](http://therealstakes.com.au) for more info.

## WHAT SUPPORT IS AVAILABLE?

Resources, hotlines and counselling services are available to anyone impacted by online sports gambling-related harm.

Visit [gamblinghelponline.org.au](http://gamblinghelponline.org.au) or call the National Gambling Helpline at 1800 858 858 for immediate support.

You can visit [therealstakes.com.au](http://therealstakes.com.au) for a comprehensive list of the resources available across Australia.